



*Intersections*  
**Lecture Series**  
**Department of Liberal Arts**

*Comprehensive Theory of Life Projects:  
Main Assumptions and Empirical Evidence*



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**Thursday, 24 August 2023**  
**Room L 108**  
**11:30 am to 1 pm**

This lecture aims to introduce the main assumptions and empirical evidence of the Comprehensive Theory of Life Projects. The starting point for building this theory was a scoping review that investigated the theoretical contributions of 93 articles related to the term “life project”. Excerpts from these articles that had theoretical relevance were systematically analyzed through thematic analysis, identifying six theoretical dimensions. The scoping review, qualitative study, and development of the Life Project Scale (LPS) represent the initial steps in establishing a Comprehensive Theory of Life Projects. The talk will examine how, by integrating various theoretical perspectives, the Comprehensive Theory of Life Projects distinguishes diverse facets of life projects, potentially reducing controversies in the field.

*In case of queries, please contact: [dept\\_la@iitbhilai.ac.in](mailto:dept_la@iitbhilai.ac.in)*